

Resources and Helpful Links for Parents

ABSTINENCE

- [National Campaign to Prevent Teen Pregnancy](#)
1-877-4-ME-2-ASK (1-877-463-2275)

ALCOHOL

- Alcohol and Drug Helpline
[American Council on Alcoholism](#)
<http://www.aca-usa.org/>
1-800-527-5344
- [National Council on Alcoholism](#)
<http://www.ncadd.org/>
1-800-NCA-CALL (1-800-622-2255)
- [U.S. Department of Health and Human Services](#)
<http://findtreatment.samhsa.gov/>
Substance Abuse and Mental Health Services Administration (SAMHSA)
1-800-662-HELP (1-800-662-4357)

BEHAVIORAL HEALTH

- [U.S. Department of Health and Human Services](#)
<http://findtreatment.samhsa.gov/>
1-800-662-HELP
- [National Institute of Mental Health](#)
<http://www.nimh.nih.gov/>
1-800-421-4211
- [National Mental Health Association](#)
<http://www.nmha.org/>
1-800-969-6642

DISCRIMINATION

- Anti-Hate Line
1-800-649-0404
- Disabilities/Handicapped Crisis Line
1-800-426-HAND

- [National Domestic Violence Hotline](http://www.ndvh.org/)
http://www.ndvh.org/
1-800-799-SAFE
(1-800-799-7233) or (1-800-426-4263)

DOMESTIC VIOLENCE

- National Child Abuse Hotline
[Childhelp USA](http://www.childhelp.org/)
http://www.childhelp.org/
1-800-422-4453

DRUGS & TOBACCO

- [National Clearinghouse for Alcohol and Drug Information](http://ncadi.samhsa.gov/)
http://ncadi.samhsa.gov/
1-800-729-6686 (English)
1-877-767-8432 (Spanish)
- Cocaine and Crack Hotline
1-800-COCAINE
- [Marijuana Anonymous](http://www.marijuana-anonymous.org)
http://www.marijuana-anonymous.org
1-800-766-6779

EATING DISORDERS

- [Overeaters Anonymous](http://www.oa.org)
http://www.oa.org
- [National Eating Disorders Association](http://www.nationaleatingdisorders.org)
http://www.nationaleatingdisorders.org

GRIEF & SUPPORT

- [Grief Recovery Institute](http://www.grief.net)
http://www.grief.net

HEALTH QUESTIONS

- [Centers for Disease Control - Division of Adolescent and School Health](http://www.cdc.gov/od/ohrt/)
http://www.cdc.gov/od/ohrt/
1-800-227-8922
- [American Academy of Pediatrics](http://www.aap.org/)
http://www.aap.org/
- [American Medical Association](http://www.ama-assn.org/)
http://www.ama-assn.org/

- [National Adolescent Health Information](http://nahic.ucsf.edu/Center)
http://nahic.ucsf.edu/Center
- [TeensHealth](http://kidshealth.org/teen/)
http://kidshealth.org/teen/
- [The Society for Adolescent Medicine](http://www.adolescenthealth.org/)
http://www.adolescenthealth.org/

OBESITY

- [National Center for Chronic Disease Prevention and Health Promotion](http://www.cdc.gov/nccdphp/dnpa/obesity/)
http://www.cdc.gov/nccdphp/dnpa/obesity/

PARENTING

- [Child Welfare Information Gateway](http://www.childwelfare.gov/)
http://www.childwelfare.gov/
- [National Child Care Information Center](http://www.nccic.org/)
http://www.nccic.org/
1-800-616-2242
- [TeensHealth](http://kidshealth.org/teen/)
http://kidshealth.org/teen/

PREGNANCY

- [America's Pregnancy Helpline](http://www.thehelpline.org/)
http://www.thehelpline.org/
1-888-672-2296
- [Planned Parenthood Federation of America](http://www.plannedparenthood.org/)
http://www.plannedparenthood.org/
1-800-230-PLAN

RAPE & SEXUAL ASSAULT

- [National Sexual Assault Hotline](http://www.rainn.org/)
http://www.rainn.org/
1-800-656-HOPE or (1-800-656-4673)
- [National Sexual Violence Resource Center](http://www.nsvrc.org/)
http://www.nsvrc.org/
1-877-739-3895

RUNAWAY/SEXUAL ASSAULT

- [National Runaway Switchboard](http://www.1800runaway.org/)
http://www.1800runaway.org/
1-800-621-4000
- [Covenant House](http://www.covenanthouse.org/)
http://www.covenanthouse.org/
1-800-999-9999
- [Girls and Boys Town National Hotline](http://www.boystown.org/hotline)
http://www.boystown.org/hotline
1-800-448-3000
- [National Center for Missing and Exploited Children](http://www.missingkids.com/)
http://www.missingkids.com/
1-800-THE-LOST (1-800-843-5678)

SELF-INJURY

- [SAFE \(Self-Abuse Finally Ends\)](http://www.selfinjury.com/)
http://www.selfinjury.com/
1-800-DONT-CUT (1-800-366-8288)

SEXUALITY

- [TeenWire](http://www.teenwire.com/)
http://www.teenwire.com/

SEXUALLY-TRANSMITTED DISEASES

- [STD Hotline](http://www.cdc.gov/hiv/)
http://www.cdc.gov/hiv/
1-800-227-8922
- National AIDS Hotline
1-800-342-2437
- [National Herpes Hotline](http://www.cdc.gov/STD/herpes)
http://www.cdc.gov/STD/herpes
1-919-361-8488

SUICIDE

- [American Foundation for Suicide Prevention](http://www.afsp.org/)
http://www.afsp.org/
1-888-333-2377
- [Girls & Boys Town Suicide & Crisis Hotline](http://www.girlsandboystown.org/hotline)
http://www.girlsandboystown.org/hotline
1-800-448-3000

- [National Suicide Hotline](http://www.hopeline.com/)
http://www.hopeline.com/
1-800-SUICIDE or 1-800-784-2433

VIOLENCE & BULLYING

- [National Campaign Against Youth Violence](http://www.noviolence.net/)
http://www.noviolence.net/
1-800-99-YOUTH

YOUTH DEVELOPMENT

- [Idealist.org](http://www.idealists.org/)
http://www.idealists.org/
- [Youth Activism Project](http://www.youthactivism.com/)
http://www.youthactivism.com/
1-800-KID-POWER
- [Youth Infusion](http://youthinfusion.com/)
http://youthinfusion.com/
- [Youth Service of America](http://ysa.org/)
http://ysa.org/