



Mississippi WIC Program

Your rights as a participant are:

- To be treated with respect.
- To not be discriminated against for any reason including: race, color, national origin, age, sex, or disability.
- To make a complaint if treated unfairly.
- To appeal any decision regarding eligibility.
- To be given a fair hearing if requested.
- To learn about other health and medical services.
- To be given the opportunity to register to vote if of voting age.
- To transfer to another WIC clinic.
- To transfer to another state (VOC).
- To receive health/nutrition education.
- To receive supplemental food items designed to meet the nutritional needs of you and/or your infant or child.

Your responsibilities as a participant are:

- To not sell or give away your eWIC card, WIC foods or WIC formula.
- To pick up your food package each month.
- To understand that buying, selling or misusing WIC benefits is a crime.
- To receive WIC services at only one clinic at a time.
- To be on time for your WIC appointments or call to reschedule when you are unable to attend.
- To understand it is against WIC rules to return WIC foods or formula to the store for cash, credit or unauthorized foods.
- To use WIC foods only for the person signed up for the program.
- To keep up with your eWIC card and report it as missing or stolen if either happen.
- To be courteous to the clinic staff.
- To provide the clinic with accurate income, medical and nutritional information.

